



Mary's Meals in brief

About Mary's Meals: Mary's Meals sets up and runs school feeding projects in communities where poverty and hunger prevent children from gaining an education. We are a small organisation, but we provide daily meals in school for many thousands of children in Africa, Asia, Latin America and Europe.

Our aim is to address the immediate needs of a hungry child by giving them something to eat, and to enable that child to receive the education that can offer an escape from poverty. We operate in sixteen countries, from Albania to Zambia, and are able to provide school meals for a year for just a few pounds. We can keep this figure low because we rely on the contributions of local volunteers and we source food locally. Find out more at www.marysmeals.org.

Mary's Meals at a glance

The daily meal we provide attracts children into the classroom and helps them learn.

An education is an escape route out of poverty.

Mary's Meals projects rely on the involvement of local volunteers.

We are committed to spending at least 93% of every pound you donate on our projects.

Wherever possible we use locally produced food for Mary's Meals.

Mary's Meals began in 2002 in Malawi. Our parent charity, SIR, started in 1992.

Our vision is that all those who have more than they need, share with those who lack even the most basic things and that every child receives a daily meal in their place of education.